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Podiatry Medical History Form

Patient Information

Full Name: _____

Date of Birth: _____

Phone Number/Best Contact Number: _____ Is it "ok" to text? Yes___ No___

Email: _____

Home Address: _____

City _____ State _____ Zip Code _____

Emergency Contact Name & Phone:

Name _____ Phone Number _____

Primary Complaint

What brings you in today? (e.g., heel pain, bunions, ingrown toenails, etc.):

How long has this issue been present?

Have you had any previous treatments for this condition? (Yes/No)

If yes, please specify:

Medical History

- ☐ Diabetes
- ☐ High Blood Pressure
- ☐ High Cholesterol
- ☐ Heart Disease
- ☐ Peripheral Neuropathy
- ☐ Peripheral Arterial Disease (PAD)
- ☐ Stroke
- ☐ Osteoarthritis
- ☐ Rheumatoid Arthritis
- ☐ Gout
- ☐ Cancer
- ☐ Blood Clots / DVT
- ☐ Other (please specify):



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Foot & Ankle History

Any history of foot or ankle surgeries? (Yes/No)

If yes, please explain:

Any history of fractures, sprains, or injuries to feet or ankles? (Yes/No)

Do you experience:

☐ Numbness

☐ Tingling

☐ Burning sensations

☐ Swelling

☐ Pain with walking/standing

☐ Open sores or wounds

☐ Toenail problems (fungus, ingrown nails)

☐ Skin conditions (corns, calluses, warts)

Medications

Please list all current medications (including over-the-counter, vitamins, supplements):

Allergies

Do you have any medication or material allergies? (e.g., latex, adhesive):

Lifestyle & Habits

Do you smoke? ☐ Yes ☐ No

☐ Former smoker

Alcohol consumption: ☐ None ☐ Occasionally ☐ Frequently

Activity Level: ☐ Sedentary ☐ Lightly Active ☐ Active ☐ Very Active

Type of footwear most often worn:

Occupation:



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Family Medical History

Any family history of foot problems, diabetes, or circulatory issues? (Yes/No) If yes, please specify:

Insurance Information

Primary Insurance: _____

Policy Number: _____

Group Number: _____

Subscriber Name: _____

If primary policy holder is someone other than yourself:

Name _____ Date of Birth _____

Secondary Insurance:

Policy Number: _____

Group Number: _____

Subscriber Name: _____

If the primary policy holder is someone other than yourself:

Name _____ Date of Birth _____

Signature _____ Date: _____